

TALK IT OVER

LIVING HAPPILY

DIG DEEPER

Class # 28

In response to the question "Where is happiness?" Clarence Macartney wrote: "It's not found in pleasure - Lord Byron lived such a life if anyone did. He wrote, *"The worm, the canker, and the grief are mine alone."* Happiness is not found in money - Jay Gould, the American millionaire, had plenty of that. When dying, he said: *"I suppose I am the most miserable man on earth."* It's not found in position and fame--Lord Beaconsfield enjoyed more than his share of both. He wrote, *"Youth is a mistake, manhood a struggle, and old age a regret."* It's not found in military glory--Alexander the Great conquered the known world in his day. Having done so, he wept in his tent because, he said, *"There are no more worlds to conquer."*

If happiness is not found in pleasure, in money, in power and fame, or in military glory, where does one find happiness? The answer to this question can be found in **Psalms 119:1-3**

REFLECTION QUESTIONS

1. **Psalm 119:1** teaches us the connection between happiness and integrity. What does being *"integral before God"* mean to you?
2. Does radical obedience to God lead to greater or less happiness? (v. 2)
3. What do you understand by the phrase: *"search for God with **all your heart**"*?



"Happy are those whose way is without blame, who walk in the Law of the Lord. Happy are those who keep His Law and look for Him with all their heart."

- Psalm 119:1-2 (NLV)

SIMPLICITY

In the first two verses of the longest chapter in the Bible, there is a treasure of wisdom, a map to reach the destination of happiness.

There are 4 things that the Psalmist associates with finding happiness and living happily. Integrity, Following the teachings of Jesus (just hearing them is not enough! See **James 1: 22-25**), Obedience and Intimacy. Do you want to know the secret to finding happiness and living happily? Surrender your whole life to the Lord, become a doer and not just a hearer of the Word, radically obey, and seek God with **all your heart**. Those are the keys!

Talk with the group and challenge them to seek God with all their hearts, above any other person or thing. That's a good place to start!

UPCOMING EVENTS

NEXT STEPS COURSE
BACK TO SCHOOL DRIVE-THRU
MEN'S CONFERENCE (INFLUENTIAL)

August 1 (9am Live or Zoom)
August 7 @ 10am
August 20-21